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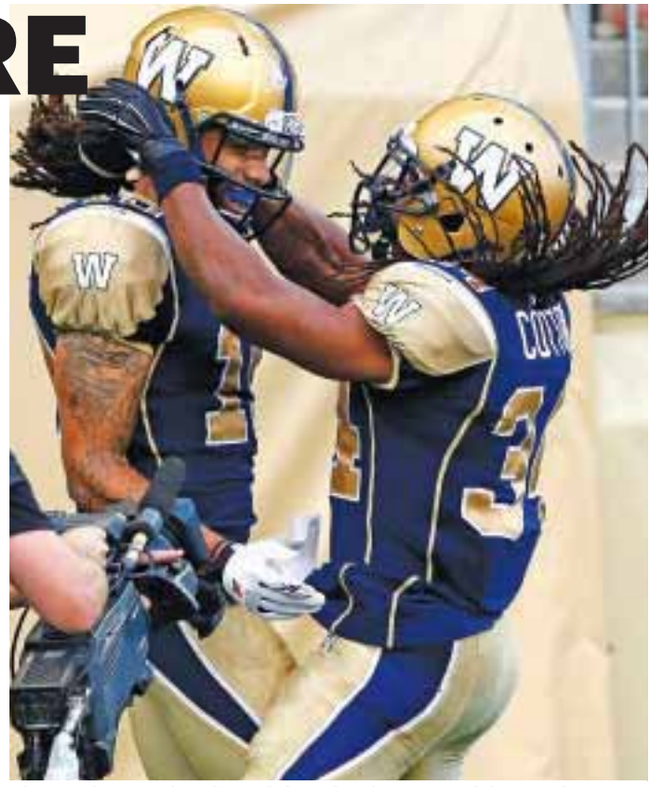
BARE YOUR BREASTS, HIDE YOUR SQUEAMISHNESS
Rebecca Kohler in metroVIEWS

THEY'RE DA BOMB!

Winnipeg's Blue Bombers won 23–13 at home in CFL action against the B.C. Lions Thursday night



Blue Bombers Justin Veltung, left, and Paris Cotton celebrate Veltung's touchdown against the B.C. Lions on Thursday. JOHN WOODS/THE CANADIAN PRESS

Underpass announced

CONSTRUCTION

Man interrupts politicians with shouts, airhorn

Donna Maxwell
For Metro | Winnipeg

Robert Kury METRO

Robert Kury used an airhorn and calls of "scumbags" to disrupt an announcement by three levels of government Thursday morning that $155 million would be spent to construct a Waverley Street underpass at the CN Mainline.

Kury mocked Winnipeg South Centre MP Joyce Bateman, Manitoba Minister of Municipal Government Drew Caldwell and Mayor Brian Bowman with chants of "scumbags" while they lauded the partnership.

"They haven't been listening," an angry Kury said, adding he's tried to contact city and provincial politicians by email and letters numerous times, with little response. "The response that I got was almost a no response. They just aren't listening, they aren't discussing the alternative."

Kury would like to see Sterling Lyon Parkway extended to Pembina Highway instead. "With all that development out in the southwest, you're gonna see 100,000 vehicles here dumped into a residential neighbourhood, where there are schools, playgrounds, seniors."

Kury won't have to worry about work starting anytime soon — no politicians confirmed a start date.

MORE COVERAGE INSIDE

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metro NEWS

Your essential daily news

Women in Canada can now obtain abortion pill RU-486. **Canada**

CRIME

Man pretended to be physio: Police

Winnipeg police say a man forged credentials to work as a physiotherapist in a hospital.

Police say the man was employed by the Seven Oaks Hospital from June 29 to July 22 as a family patient care manager.

They say concerns were raised about his credentials, and the College of Physiotherapists advised that he was not licensed and his documents may have been forged.

Police say the man's job was administrative — he did not treat patients — and his employment was terminated.

A 30-year-old suspect has been charged with fraud and forgery and was released pending his next court date.

METRO

The Seven Oaks General Hospital. SOGH/CONTRIBUTED

CRIME

Police seek man after indecent act

A man was seen committing an indecent act in Winnipeg on Thursday only a short time after offering apples to children.

Winnipeg police said that around 12:15 p.m. Thursday a resident in the 500 block of Kavanagh Street noticed a man sitting on the front step of their home.

The man was holding a ski pole and apples and began speaking to two youth.

Police said adults confronted the man and asked him to leave, but he continued to focus on the youth and offered them apples.

The man did eventually leave and a short time later was seen committing an indecent act at the back of the same residence.

The man is described as white, about 30 to 40 years old and six feet tall with a thin build.

He was wearing a black T-shirt, dark pants, black Calvin Klein underwear and a white string as a belt, and he was using a ski pole as a walking stick.

Anyone with information is asked to call police at 204-986-2857 or Crime Stoppers at 204-780-TIPS (8447)

DAVE BAXTER/METRO

MORE LOCAL NEWS ONLINE

King Street and Logan Avenue were closed Thursday morning after a woman was fatally struck. DAVE BAXTER/METRO

Siloam Mission mourns employee

FATALITY

Woman struck and killed by dump truck

Dave Baxter
Metro | Winnipeg

Siloam Mission is grieving the loss of a beloved staff member who was hit by a vehicle and died while on her way to work Thursday morning.

"It is difficult to fully express our sorrow," said acting executive director Dr. Garry Corbett. "We have lost a part of our family. Each one of us feel that sudden, aching emptiness.

Oanh Pham FACEBOOK

"But even more so, we are heartbroken for her family. Our prayers, our condolences and our love are fully directed to them, to bring them comfort in the face of such tragedy."

Oanh Pham, 33, was crossing the street at the corner of King Street and Logan Avenue around 8:30 a.m. Thursday when she was struck and killed by a dump truck turning north onto King.

Siloam said Pham had been a member of the "Siloam family" since October 2014 and a valuable part of the Volunteer Services support team.

"The entire Siloam community is deeply saddened by the news of Pham's passing and is coming together in support and prayer to grieve her loss while celebrating the beauty of her life and indelible contribution," said Siloam Mission in a statement.

Winnipeg police confirmed the vehicle that hit Pham was turning northbound onto King when the collision happened, and said Thursday afternoon the incident is so far not being investigated as criminal.

Police are asking anyone with information to call 204-986-6271, or 204-786-TIPS (8477).

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Mayor Brian Bowman speaks with the media following an announcement that a Waverley underpass will be constructed. A train whistles by in the background, stopping traffic on the busy thoroughfare. DONNA MAXWELL/FOR METRO

Money announced for local underpass

INFRASTRUCTURE

Feds, province to contribute $45.9 million each to project

Three levels of government came out Thursday morning to announce funding for a Waverley Street underpass, but none could confirm when construction on the project would start.

Mayor Brian Bowman agreed rumours that a federal election announcement might be just around the corner may have helped speed the arrival of funding for the much sought-after underpass.

"I couldn't speak to their rationale for the timing," Bowman said. "I'm just pleased that they've delivered."

The feds and province will each contribute $45.9 million to the project under the New Building Canada Plan, with the city chipping in the remainder of the $155 million.

Wilkes Avenue resident Wilbert Loeppky said the underpass was a necessity.

"Oh yes, it's a mess. You're forever stalled in traffic," Loeppky said. "I go get some milk, by the time I'm home my milk is sour."

Reina Edelman agreed. "We do need the underpass, without a doubt."

> **"I'm just pleased that they've delivered.**
> Mayor Brian Bowman

"Sometimes I've seen three trains going by. I've been stopped by one train going east, one train going west and another one going east again. That could be 10, 15 minutes."

Bowman said the Waverley Street underpass is the No. 1 priority of city council, not only because of the traffic jams caused by trains crossing, but also because of safety concerns. The federal government also has new legislation requiring grade separators at intersections with high volumes of vehicle or train traffic.

Despite the announcement of federal and provincial dollars, the mayor could not give a timeline for the project and admitted both levels of government still needed to sign written agreements. But he was hopeful work could start soon.

"Now that we have a commitment from the other levels of government, obviously there'll be a lot more work that can happen in short order. We want to see it constructed as soon as possible."

DONNA MAXWELL/FOR METRO

OPERATION DRY WATER

Police on the hunt for drunken boaters

Dave Baxter
Metro | Winnipeg

Winnipeg Police will be out on the water in full force this weekend looking to catch those who are drinking and boating.

"In Manitoba alone, alcohol is a factor in 80 per cent of all boating-related deaths," said Lifesaving Society CEO Carl Shier. "That is double the national average."

Operation Dry Water runs Aug. 1-3 on Winnipeg waterways and police said they will "saturate" high-traffic areas on both lakes and canals, and intensify efforts to catch people operating boats while impaired.

"Often people don't realize that a charge of impaired operation of a vessel carries the same legal implications of a charge of impaired operation of a motor vehicle," said Winnipeg Police Sgt. Rob Riffel.

"The Winnipeg Police encourages the safe use of our waterways, and will not tolerate those who endanger the lives of those around them."

Many Canadians don't understand that there are intensifying factors known as stressors, such as sun, wind, waves and the rocking motion of a boat that can greatly increase the effects of alcohol on the water, said Winnipeg Police in a statement.

In 80 per cent of watercraft fatalities in Manitoba between 2008 and 2012, the victim had consumed alcohol.

Operation Dry Water first hit Winnipeg waterways in the summer of 2013.

A tornado touches down in southern Manitoba. TWITTER

Manitoba twister an EF2 storm

WEATHER

Tornadoes of this scale can reach speeds of 218 km/h

A massive tornado that struck western Manitoba this week has been given a preliminary rating which puts it in the category of large and violent, but not the worst that nature can serve up.

Environment Canada says the twister that roared through the Virden region near the Saskatchewan boundary Monday evening was of the high-end EF2 variety.

Such tornadoes can pack wind speeds ranging from 179 kilometres an hour to 218 kilometres an hour — capable of lifting cars, ripping out trees and damaging roofs.

Monday's vortex stayed on the ground between two and a half to three hours and caused extensive property damage, although no one was killed or injured.

Environment Canada is still assessing the tornado's path as it gathers data for a final report on the storm.

EF stands for Enhanced Fujita scale and runs from zero to five, with five being a twister that can pack a wind in excess of 322 kilometres an hour.

A June 2007 tornado that struck near the community of Elie, west of Winnipeg, was rated as a devastating EF5, but no one was injured. THE CANADIAN PRESS/CJOB

IN BRIEF

Canada Care searching for exceptional caregiver

A new campaign wants to reward caregivers for the selfless and often thankless work that they do.

The Canada Cares campaign is asking Winnipeggers to nominate an exceptional family member, friend, or professional caregiver to win a $10,000 prize, and explain what the caregiver would do with the money.

Ten awards will be presented nationally, recognizing five family/friend, and five outstanding professional caregivers. One person will be selected to win the $10,000 Canada Cares One Wish Award.

Canada Cares is also seeking nominations for communities and employers that go above and beyond to help caregivers.

Nominations can be submitted online, until September 18. For details on how to nominate a caregiver, visit canadacares.org. METRO

INNOVATIVE ROAD SAFETY

Police cracking down on distracted drivers

Winnipeg police are getting creative about cracking down on distracted drivers.

The service says its officers are using bikes that can easily weave in and out of traffic to spot drivers on their phones.

They are also driving unmarked SUVs that give a higher vantage point and allow officers to see more clearly into cars.

There has also been an officer watching traffic from a downtown skywalk who will radio a partner on the ground to pull over distracted drivers.

On July 1, Manitobans faced new distracted driving penalties.

A person caught using a cellphone or handheld device faces a $200 fine and loses five points from their licence.

Const. Jason English says the new rules are already making a difference.

"I will definitely say that there's a decrease with the increase of the merit penalty that people are paying," said English.

He says there are some common excuses that drivers give when pulled over.

> **"The most common one is holding the device, talking hands-free, believing that to be hands-free use of the device."**
>
> Const. Jason English, on drivers' common excuses

"The most common one is holding the device, talking hands-free, believing that to be a hands-free use of the device," said English.

He also says many drivers claim they did not know that it was illegal to use a cellphone at a stop sign or light.

According to Manitoba Public Insurance, an average of 28 people are killed per year in collisions linked to distracted driving. THE CANADIAN PRESS/CTV WINNIPEG

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RADIO

Charles Adler retires

The grand old man of Winnipeg radio is going west.

Charles Adler, longtime CJOB broadcaster, has announced his retirement from the radio station after 17 years. Adler said he is moving to British Columbia.

"When Peter Warren chose to retire from CJOB and the station asked me to step in, I felt like the luckiest broadcaster in Canada," Adler said in a press release. "CJOB and Corus Entertainment have been my radio family for a very long time, and the people of Winnipeg have been extremely generous to me. Saying goodbye is never easy, but Winnipeggers will always have a special place in my heart."

Adler's previous broadcast gigs include stints in Montreal, London, Hamilton and Toronto, as well as a nationally syndicated radio show out of Tampa, Fla.

CJOB veteran Geoff Currier will slip into Adler's prime-time talk slot. Currier, known for his presence on the station's Nighthawk program, has an extensive broadcast career in radio, television and print media across western Canada.

"To follow in the footsteps of Charles Adler and Peter Warren is an incredible honour," Currier said.

The press release made no mention of the numerous layoffs that happened this week at the station. METRO

Charles Adler HANDOUT

Filmmaker takes province from modest to prideful

BACKSTAGE PASS

A collection of Maryniuk's shorts will be shown Friday

Jared Story
For Metro | Winnipeg

A photo from Mike Maryniuk's short film Fish Arms. Maryniuk, the one with the camera, is the recipient of the 2015 Manitoba Film Hothouse Award. CONTRIBUTED

Friendly Manitoba is too modest, so Mike Maryniuk took it upon himself to express its prairie pride.

The Winnipeg filmmaker often chooses unpretentious prairie subjects for his short flicks, such as cattle auctioneer Tim Dowler in 2008's Cattle Call, yodeller Stew Clayton in 2011's The Yodeling Farmer and an underdog team and city in 2005's Death by Popcorn: The Tragedy of the Winnipeg Jets.

"Manitoba is a weird place with all these unplucked gems," Maryniuk said. "It's something we explored in Death by Popcorn in that we're under-celebrators. We have a hard time celebrating or we don't realize we have talent around us and we look down on people that brag about themselves, so I was bragging on behalf of some of these people."

"Stew Clayton had an opportunity to tour across the world but he said, 'I don't know who will take care of the cattle. Who's going to look after the chickens? And I drive the bus, those kids count on me', so he chose not to."

Maryniuk is the recipient of the 2015 Manitoba Film Hothouse Award, a prize that comes with $15,000 worth of cash and services from Winnipeg Film Group. In addition to unassuming subjects, Maryniuk is known for his lo-fi esthetic, zany sense of humour and his use of scratch animation. Scratch animation is literally scratching designs onto film. Maryniuk said he was inspired to do so by the late Norman McLaren, an Oscar-winning animator known for his work for the National Film Board.

"The idea of doing something by hand and doing these micro animations appealed to me because there are huge limitations. The palette was now the size of your pinky fingernail and it wasn't about precision so much about as it was about persistence," Maryniuk said.

Maryniuk is also known for his use of found footage, most notably so in Death by Popcorn. The film, which consisted largely of footage from tapes tossed in CKY-TV's dumpster, almost got Maryniuk and fellow filmmakers Matthew Rankin and Walter Forsberg sued by the CTV Television Network.

"The president of CTV came to Winnipeg on a special trip and we brought him to the Wagon Wheel restaurant," Maryniuk said. "Five of us packed into one of those little booths and we were all eating these huge clubhouse sandwiches. He checked out our bikes outside and realized there wasn't going to be any money out of us, so all was forgiven so to speak."

Mike Maryniuk: Prairie Surrealist, a collection of Maryniuk's short films, screens at Cinematheque on Friday. Tickets are $9 for adults, $8 for students and seniors and $6 for Cinematheque members. Showtime is 7 p.m.

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Laurie Samuel alleges she was discriminated against for being Canadian while working for the Metropolitan Police in Washington, D.C. WASHINGTON METROPOLITAN POLICE DEPT. VIA FACEBOOK

Woman sues U.S. ex-boss

EMPLOYMENT

Says she was discriminated against due to being Canadian

A Canadian woman living in the United States is suing her former employer on the grounds that she was discriminated against because of her country of origin.

Laurie Samuel has filed a lawsuit against the Metropolitan Police Department (MPD) in Washington D.C., where she worked from 2006 to 2013.

Samuel alleges that her former boss made derogatory remarks about her Canadian citizenship, blocked her application for permanent residency, and talked about wanting to hire an American in her place.

Samuel is seeking back pay as well as punitive damages and legal costs. The Office of the Attorney General, which oversees the MPD, has not yet filed a statement of defence against Samuel's allegations.

According to the statement of claim, Samuel, who was born in Canada, completed graduate work in the United States and joined the MPD in 2006 shortly after finishing a PhD in criminology.

The bulk of her allegations are levelled against Diane Hains Walton, who was her direct supervisor for most of her time with the department.

Hains Walton grew resentful in 2008 when Samuel was assigned greater responsibility within the force's human resources management division, the statement says.

Things escalated over the next several years, the claim says, with Samuel alleging that her boss began disparaging her to co-workers, blocking her attempts to apply for promotion within the department, and telling staff that she wished to "hire an American" in Samuel's place.

THE CANADIAN PRESS

IN BRIEF

Canada set to give $8.3M to boost fight against ISIL

Canada is prepared to give up to $8.3 million in additional funding to Iraq and neighbouring countries in the fight against militants from the Islamic State of Iraq and the Levant, Foreign Affairs Minister Rob Nicholson said Thursday.

The money will fund defence programs in Iraq and non-lethal military equipment purchases in countries in the region, he said in a statement after meeting members of the anti-ISIL coalition in Quebec City.

THE CANADIAN PRESS

INTERNATIONAL INCIDENT

Ontario pastor detained in North Korea

A South Korean news agency is reporting that an Ontario pastor detained in North Korea has confessed to "subversive plots" against the Communist state during a televised news conference.

Yonhap says Rev. Hyeon Soo Lim of the Light Korean Presbyterian Church in Mississauga, Ont., is quoted by the Korean Central News Agency as saying he was "a servant of the U.S. imperialists and South Korean puppet group."

A church spokeswoman says Lim was on a humanitarian mission to North Korea when he was detained in early February.

Lisa Pak says the 60-year-old Christian missionary left Canada on Jan. 27 with stops in South Korea and China before crossing into North Korea on Jan. 31.

She says Lim's family remains hopeful he will be released at some point, but didn't want to comment on the reports of his alleged confessions.

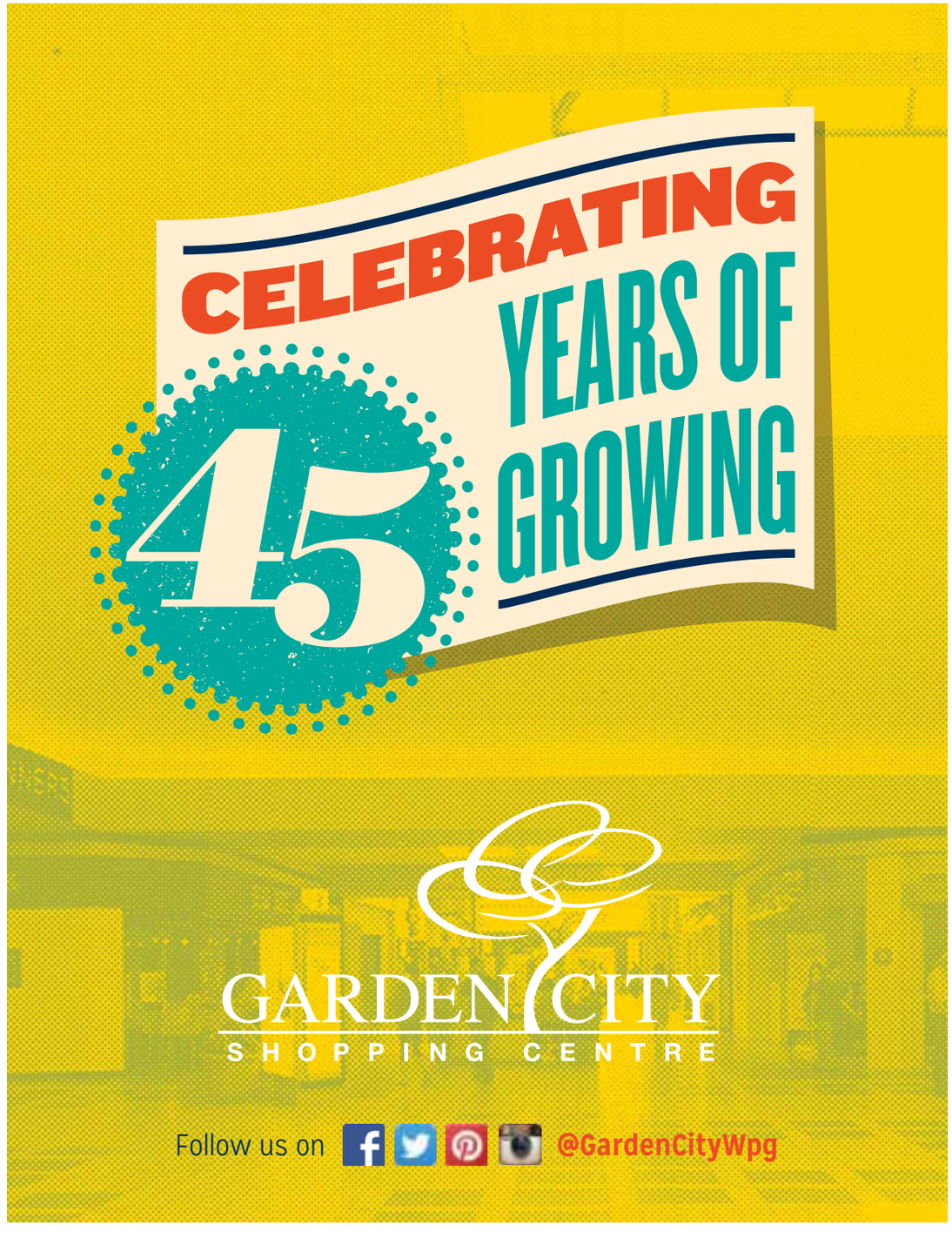
A Foreign Affairs spokeswoman says the government is "deeply concerned" and continues to try to arrange consular access and a find resolution to his case. Assistance is difficult, however, because Canada has no diplomatic office in the Communist nation.

At Thursday's news conference, Lim reportedly said that he travelled to several parts of the country pretending to deliver aid, but his real purpose was "to build a base to overthrow the system of the country and create a religious state."

He then went on to apologize for his "indescribable treason," the report said.

Pak says the pastor has a deep love for the North Korean people, which is the reason he has visited the country more than 100 times.

THE CANADIAN PRESS



5 THINGS TO KNOW ABOUT THE ELECTION CAMPAIGN

Stephen Harper is poised to fire the starting gun for the Oct. 19 federal election. Sources say the prime minister is set to visit Gov. Gen. David Johnston within days, possibly as soon as Sunday, to formally dissolve Parliament and launch what will be the costliest and — at 11 weeks — one of the longest campaigns in Canadian history. THE CANADIAN PRESS

ISTOCK

1 Number of days

Elections law requires a minimum campaign of 37 days. It does not impose a maximum length. Harper is choosing to make this the longest traditional campaign in Canadian history. Only the first two election campaigns after Confederation were longer — 81 days in 1867 and 96 days in 1872 — but in those early days voting was staggered across the country over a period of several months, necessarily extending the length of the campaigns. Since then, the longest campaign was 74 days in 1926.

JONATHAN HAYWARD/ THE CANADIAN PRESS FILE

2 Cha-ching

Due to legislation passed last year by the Harper government, campaign spending limits for parties and candidates will increase by 1/37th for every day longer than 37 days. Even had this campaign lasted just the minimum length, it was already on target to be the costliest in history, with spending limits of about $25 million for each party and an average of $100,000 for each candidate. Those limits will more than double for an 11-week campaign. That gives an advantage to Harper's Conservative Party as its candidates have raised more money than any other party.

ADRIAN WYLD/THE CANADIAN PRESS FILE

3 Campaign costs

Elections Canada estimates that a five-week campaign would cost about $375 million to administer. A longer campaign will mean the agency must pay untold millions more to rent office space, furniture and equipment for returning officers in each of the country's 338 ridings and for staff in those offices. Taxpayers will also foot the bill for much larger rebates to parties and candidates, who receive reimbursements for 50 per cent and 60 per cent, respectively, of their eligible election expenses.

ADRIAN WYLD/THE CANADIAN PRESS FILE

4 It's debatable

The tradition of holding two televised leaders' debates, the pivotal point of modern election campaigns, will not apply this time. The Conservatives upended that tradition last spring by announcing that Harper would not participate in the one French and one English debate sponsored by a consortium of broadcasters. Instead, there will be a series of at least four debates sprinkled throughout the campaign and sponsored by a variety of sources, starting Aug. 6 with a debate sponsored by Maclean's magazine.

5 Ready, set, vote

Under legislation passed by the Harper government last year, voters will need to produce identification that shows where they live before being allowed to cast ballots. As well, voter information cards sent to all electors by Elections Canada will no longer be considered valid pieces of ID. Electoral experts have warned these two measures could disenfranchise tens of thousands of voters, particularly the elderly, young people and aboriginals who are least likely to have proof of address.

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French police carry a piece of debris from a plane in Reunion Island, Wednesday. LUCAS MARIE/THE ASSOCIATED PRESS

MH370 clue surfaces

MISSING AIRCRAFT

Investigators say washed-up wing part from a Boeing 777

A sea-crusted wing part that washed up on an island in the western Indian Ocean may be the first trace of Malaysia Airlines Flight 370 since it vanished nearly a year and a half ago — and a tragic but finally solid clue to one of aviation's most perplexing and expensive mysteries.

Malaysia's prime minister said Thursday the debris found on the French island of Reunion will be sent for investigation to the French city of Toulouse, hub of the European aviation industry.

"We have had many false alarms before, but for the sake of the families who have lost loved ones and suffered such heartbreaking uncertainty, I pray that we will find out the truth so that they may have closure and peace," Najib Razak said on his personal blog.

Najib promised to make any new information public quickly.

Air-safety investigators — one of them a Boeing investigator — have identified the component as a "flaperon" from the trailing edge of a Boeing 777 wing, a U.S. official said. Flight 370, which disappeared March 8, 2014 with 239 people on board, is the only 777 known to be missing.

The piece could help investigators figure out how the plane crashed, but whether it will help search crews pinpoint the rest of the wreckage is unclear, given the complexity of the currents in the southern Indian Ocean and how much time has elapsed since the plane disappeared.

"It's the first real evidence that there is a possibility that a part of the aircraft may have been found," said Australian Transport Minister Warren Truss, whose country is leading the search for the plane in a remote patch of ocean far off Australia's west coast.

THE ASSOCIATED PRESS

IN BRIEF

Afghan Taliban confirm death of longtime leader

The Taliban confirmed the death of longtime leader Mullah Mohammad Omar and appointed his successor Thursday, as a new round of peace talks was indefinitely postponed amid concerns over how committed the new leadership is to ending the militant group's 14-year insurgency. The Afghan Taliban Shura, or Supreme Council, chose Mullah Omar's deputy, Mullah Akhtar Mansoor, as its new leader, two Taliban figures said, adding the seven-member council had met in the Pakistani city of Quetta.

THE ASSOCIATED PRESS

ISRAEL

Man stabs six at Jerusalem pride parade

Revellers dancing and singing through the streets of Jerusalem during the holy city's annual gay pride parade were left shrieking in pain and panic Thursday night, as an anti-gay extremist lunged into a group leading the march and stabbed six people, Israeli police and witnesses said.

Police said the attacker, Yishai Schlissel, who was arrested at the scene for Thursday's attack, had been released from prison just three weeks ago, after serving a sentence for stabbing several people at the parade in 2005. Six people were wounded in the attack, two of them seriously, Eli Bin of Israel's emergency service said.

The Gay Pride Parade was proceeding as planned with party music, Israeli flags and rainbow-clad marchers winding their way through central Jerusalem's barricaded streets, under a heavy police presence.

An Associated Press photographer witnessed the attacker enter the throng of people with his hand in his coat and within seconds raise a knife and begin stabbing people in the back. Police pounced on him and arrested him.

The crowd's carefree cheers suddenly gave way to screams. Panic ensued, and a bloody woman fell to the ground, an Associated Press photographer at the scene said.

A man with blood seeping from his back wandered around with a dazed look before collapsing. Another man with his shirt off also had blood dripping down his back.

Medics quickly surrounded them both and applied pressure to stop the bleeding. Shocked revelers, some in tears, gathered along the sidewalk and hugged and comforted each other as ambulances and police on horses quickly arrived.

THE ASSOCIATED PRESS

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Justice, after 29-year wait

CHILE

Five more former soldiers charged in 1986 burning

Five more former members of the Chilean military were charged on Thursday in the fatal burning of a 19-year-old U.S. resident during a 1986 protest against the military dictatorship.

Judge Mario Carroza charged the former soldiers with premeditated killing in the burning death of Rodrigo Rojas, and the attempted homicide of 18-year-old Carmen Quintana.

For a long time, their attackers enjoyed impunity. But last week, the same judge charged seven former members of the military with the attack after a soldier testified about the case, breaking a nearly three-decade pact of silence.

Soldiers doused Rojas and Quintana with gasoline and set them ablaze during a protest on July 2, 1986. Rojas died four days later.

He was a photographer visiting from the U.S., where he studied and lived with his exiled mother.

Quintana suffered severe burns over more than 60 per cent of her body.

Her scarred face became one of the symbols of the atrocities committed during Gen. Augusto Pinochet's 1973-1990 dictatorship.

President Michelle Bachelet, who met Quintana on Thursday at the presidential palace, said the government is committed to continuing to uncover human rights abuses committed during Augusto Pinochet's dictatorship, which killed tortured or imprisoned 40,018 people, according to official figures.

Pinochet died in 2006 under house arrest without ever being tried on charges of illegal enrichment and human rights violations. Some 70 military officials have been jailed for crimes against humanity and about 700 more are facing trial.

THE ASSOCIATED PRESS

Veronica de Negri, mother of slain photographer Rodrigo Rojas, attends a tribute to her son outside the Gabriela Mistral Museum in Santiago, Chile. LUIS HIDALGO/THE ASSOCIATED PRESS

OHIO

Officer pleads not guilty to murder

A white U.S. police officer who shot a black motorist after stopping him over a missing licence plate pleaded not guilty Thursday to charges of murder and voluntary manslaughter.

The July 19 death of 43-year-old Samuel DuBose in Cincinnati, Ohio, comes amid months of national scrutiny of police dealings with African-Americans, especially those killed by officers.

Officer Ray Tensing, 25, appeared at his arraignment Thursday wearing a striped jail suit, with his hands cuffed behind him.

Judge Megan Shanahan set bond at $1 million and rejected the defence attorney's contention that Tensing wasn't at a flight risk.

Tensing's attorney Stewart Mathews said that there are two sides to the case and that the much-viewed body camera video of the stop can be interpreted differently from the prosecutor's version.

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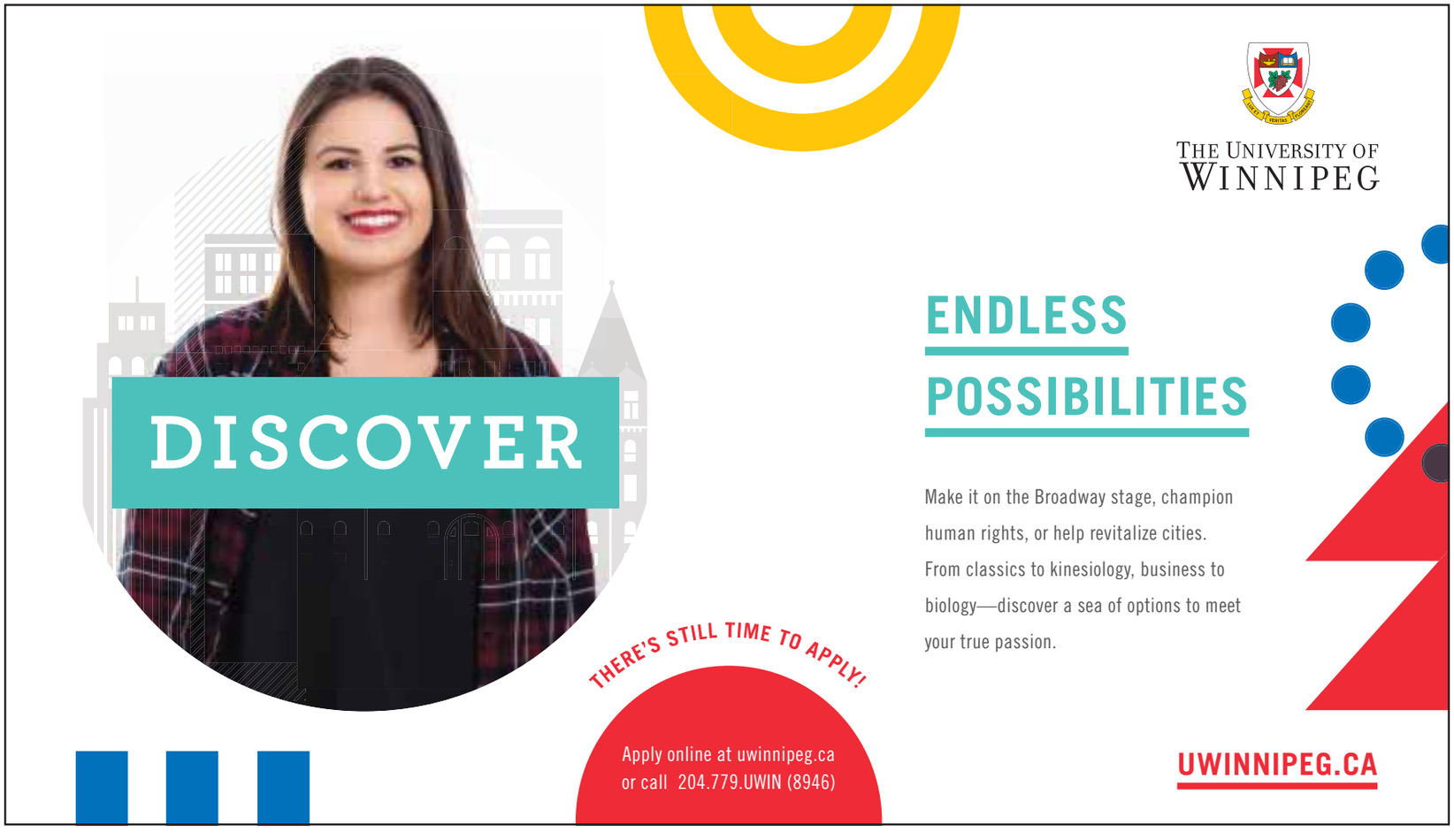
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Nigerian soldiers rescue 71 captives

AFRICA

Boko Haram extremists held some prisoners as long as a year

Nigerian soldiers rescued 71 people, almost all girls and women, in firefights that killed many Boko Haram militants in villages near the northeastern city of Maiduguri, the military said Thursday.

Some captives told The Associated Press they were in the clutches of the Islamic extremists for as long as a year.

"I was waiting for death.... They often threatened to kill us," said Yagana Kyari, a woman in her 20s who said she had been kidnapped from her village of Kawuri and taken to a militant camp in Walimberi, about 40 kilometres southeast of Maiduguri, the biggest city in the northeast and the birthplace of Boko Haram.

Women and children rescued by Nigerian soldiers from Boko Haram extremists in the northeast of Nigeria arrive at the Maiduguri military office Thursday. JOSSY OLA/THE ASSOCIATED PRESS

"Our gallant troops have rescued a total number of 59 civilians in two camps of the terrorist group," army spokesman Col. I.T. Gusau said. "Many of the terrorists were killed in the course of the operations, but mop-up is still going on."

The 59, all women and children except for five elderly men, were freed on Thursday, he said. Another 12 women and girls were rescued Wednesday from Kilakisa, 90 kilometres southwest of Maiduguri, he said.

The military has said hundreds of captives were freed in March when they declared they had seized back all towns held by Boko Haram, which last year had declared an Islamic caliphate in a large swath of the northeast.

But attacks have increased in recent weeks, with hundreds killing in suicide bombings and village assaults.

At least two women and girl suicide bombers this month were said to have come from the area where those freed this week were held. It is feared Boko Haram is turning its captives into weapons.

Nigeria's home-grown Islamic group drew international outrage with the April 2014 kidnapping of nearly 300 schoolgirls from the remote northeastern town of Chibok. Many of them escaped on their own, but 219 still are missing.

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TECHNOLOGY

Nokia sees second quarter growth

Nokia CEO Rajeev Suri. MARKKU ULANDER/THE ASSOCIATED PRESS

Nokia enjoyed a solid 60 per cent rise in net profit in the second quarter, with a good performance in its core networks division suggesting the Finnish company is succeeding in turning its business around since selling its handsets operation to Microsoft in 2013.

Hannu Rauhala, senior analyst at Pohjola Bank, said the figures dispelled fears among investors that Nokia would suffer from a general sluggishness in global network business.

The profit of 347 million euros ($383 million) beat expectations and Nokia's stock jumped more than 9 per cent to 6.51 euros in midday Helsinki trading.

Overall sales in the period increased 9 per cent to 3.2 billion euros, helped by currency fluctuations but also increased demand for software in mobile broadband and global services.

"It was a good performance for Nokia, and I think markets had been worried that it too would have shown signs of the general slowdown in the industry," Rauhala said.

Nokia said that the networks unit, which accounts for 85 per cent of total revenue, was expected to see growth of some 8 to 11 per cent for the full year. It also expects improvement in the other two remaining sectors, Here mapping services and Nokia technologies, which handles the lucrative licensing portfolio.

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A Challenger jet comes in for a landing past the Bombardier plant in Montreal in May. RYAN REMIORZ/THE CANADIAN PRESS

Bombardier profits down

MANUFACTURING

New CEO cutting costs amid slumping sales abroad

Bombardier said it will delay the debut of a new business jet it had touted as an example of its forward thinking as it announced plans Thursday to cut costs amid a drop in profits.

After his first full quarter at the helm, CEO Alain Bellemare said he has a stronger grasp of what the company needs to do to turn around and it is looking to reduce the cost of making its planes and trains.

"After five months on the job, I have a better understanding of our challenges and opportunities," said Bellemare, who took over in February, on a conference call with investors.

"We are taking specific action, including the launch of our Bombardier transformation plan, a disciplined approach to cash management and the strengthening of our leadership team to reshape the company and ensure our long-term success."

The company said the debut of its new Global 7000 business jet will be delayed until 2018, two years after its original schedule of 2016. Bellemare said a review of the project was nearly complete and that the first test-flight plane is currently being assembled in Toronto.

Bombardier reported a second-quarter profit of $125 million US, down from $155 million a year ago, as a stronger U.S. dollar hurt revenue.

Chief financial officer Pierre Alary said falling demand for its business jets from China and Russia helped drag down its profits, but the company expects demand to rebound in the second half of the year. Net orders for its business airplanes fell to eight during the second quarter from 30 a year earlier, the company said, while orders for its commercial aircraft fell to three from 18 last year.

In May, the company said it would cut about 1,750 employees in Montreal, Toronto and Ireland, citing the same weak demand for its business jets.

THE CANADIAN PRESS

IN BRIEF

Greek debt crisis: IMF hesitating on third bailout

An International Monetary Fund official says the IMF cannot participate in another Greek bailout until Greece and its creditors make difficult decisions on economic reforms and debt relief. Still, the fund is participating in talks.

THE ASSOCIATED PRESS

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NATURAL GAS: $2.768 US (-9.6¢)
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metro VIEWS
Your essential daily news
WEEKEND, July 31 - August 3, 2015

THE KOHLER REPORT: ON BARE BREASTS

Police officers need to accept that no matter how uncomfortable, nervous or randy a topless lady might make them feel, female bodies aren't indecent.

I used to date a guy who loved to take his shirt off. His favourite place in which to go topless was any sunny one, any hot one or, really, any public one. It wasn't long before I realized he was a douchebag and broke it off. That said, as much as he was a dipstick, had a police officer ever stopped him and told him to put a shirt on, I would have been appalled. In Canada, each of us has a right to be a topless douchebag.

Headlines went gaga this week for three sisters in Kitchener-Waterloo, Ont. They were stopped by police while bike riding top-nude. According to the sisters, the officers' first concern was that they cover up, but when one of the ladies started recording the interaction, police concern mysteriously turned from breasts to bicycle safety (bells, lights, helmets etc.) It seems they knew not to challenge a bare breast on camera.

The long-short story of toplessness in Canada goes something like: In 1991, Gwen Jacob was arrested and found guilty for walking home from the University of Guelph topless (the charge was indecency). In 1996, the Ontario Court of Appeal acquitted Jacob which kinda-pretty-much made it legal for women to go topless in Ontario (a decision which heavily influenced the rest of Canada. Though, as the sisters' ordeal illustrates, the issue is subject to local interpretation — and the selective memories of police.

And now, 20 years later, ladies are still having problems hanging out.

Here's the thing: There are about 13 reasons I personally wouldn't go topless, ranging from quality of breast to fear of burnt areolas to, yes, fear of someone thinking I'm a douchebag. But these are my personal neuroses, and just because I wouldn't do it doesn't mean I don't want to know I *could* do it without someone scolding or humiliating me. I get enough of that in my Boot Camp class at the Y.

Police officers need to be informed and need to accept that, no matter how uncomfortable, nervous or randy a topless lady might make them feel, female bodies aren't indecent.

Consider: Last month, a topless 8-year-old girl was asked to cover up at a public pool in Guelph, Ont. Isn't that gross? It was her first lesson in the difference between the sexes. There is nothing sexual about a little girl, so why ask her to put on a shirt? Because she needs to know that this is the way it's going to be. It's like training wheels for being oppressed.

While the seasonal climate might be right to go topless, we need to improve the social one, big time. I say it's time we train them. Take it all off, ladies! (Unless you don't want to!) I think we should saturate our culture in breasts until the only people that find it distracting are hungry babies.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler.

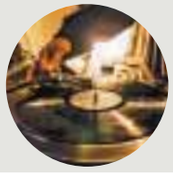
Happy face/Sad face

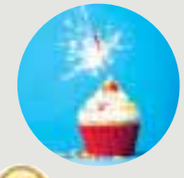
From **missing mixtapes** to **troves of treasure,**
Metro weighs in on the news making headlines this week

Historic hip-hop heist

Legendary DJ Grandmaster Flash has had his record collection — and a piece of music history — stolen from a New York parking garage. A valet was duped into giving the DJ's car, and three crates of rare, vintage, vinyl records, to an imposter. The artist, whose real name is Joseph Saddler, had the records because he was working on a TV show about the 1970s music scene. Saddler was one of the first to combine rap lyrics with cut-up funk and soul tracks to create a new genre: hip-hop.

SOURCE: BBC





Singing loud and free, finally

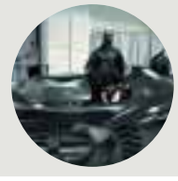
Happy birthday to ... stop right there, or you'll have to pay. But that may be about to change. Happy Birthday to You, which dates to the 1890s, is still under copyright. Now, a film crew is suing the song's owner, Warner/Chappell, claiming they have proof it should be in the public domain: A 1927 reprint that predates Warner's 1935 copyright by eight years. If a judge agrees, the song could soon be a free accompaniment to ice cream and cake.

SOURCE: WASHINGTON POST

Caped crusader with car trouble

Drivers on Ontario's Highway 401 near Napanee on Sunday were agape as they watched Batman, in his Batsuit, working on his Batmobile. Stephen Lawrence — a.k.a. the Brampton Batman — was driving home from a charity event when he heard an odd noise and stopped to inspect the problem. But by then, traffic was backed up with people trying to glimpse the masked man working on his vehicle without the aid of superpowers.

SOURCE: THE CANADIAN PRESS



Fishing for a fortune in Florida

Members of a Florida family who have been diving in the Atlantic for treasure for years have finally struck gold. Rick and Lisa Schmitt and their children found $1 million worth of gold artifacts from the wreckage of a 1715 Spanish fleet. The booty included 51 coins and 12 metres of gold chain, according to Fleet-Queens Jewels, which owns the wreckage. (The Schmitts were diving under a contract). The spoils will be split between the company, the Schmitts and a museum. SOURCE: REUTERS

ROSEMARY WESTWOOD

metroview

We may need to see the perils of smart weapons to believe

We've always excelled at imagining our own demise.

It's cathartic to sink into a story of ultimate despair, then emerge to see that it's not that bad, yet. No need to worry.

But the heavy brains of the world aren't just worrying, but urging us to wake up and smell the impending doom.

Top artificial-intelligence researchers and science figures, including Elon Musk and Stephen Hawking, issued a dire warning this week.

Artificial intelligence is "the third revolution in warfare, after gunpowder and nuclear arms," they wrote in an open letter. "The key question for humanity today is whether to start a global AI arms race or to prevent it from starting."

"Experts warn of killer robots," shouted the headlines. Enter your preferred pop-culture reference (mine's The Matrix).

At the University of Alberta, computer science professor Csaba Szepesvari was one of the letter's signatories. He studies how computers can process data in a way that lets them learn and make decisions, a critical step to operating intelligently and independently of humans.

With AI, "War becomes quite a different game," he said. "Compassionate decisions are removed."

It's not a matter of terminator cyborgs, necessarily; AI technology is becoming cheap and accessible enough that something more rudimentary but no less deadly — like a quadrotor armed with a bomb — could appear in years, not decades.

"The scariest part of it is you start to give it autonomy," Szepesvari said. Then, imagine it's infected by a bug — or hacked.

The signatories envision a different future, one in which AI is used for good.

Computers could design, execute and analyze their own experiments. Autonomous cars are here, and researchers have been developing AI robots to respond to disasters.

"There is a lot of hype around AI and a lot of misunderstanding," Szepesvari said. Killer robots aren't going to wipe out humans in 10 years, he noted, but "Average folk should pressure their governments to prevent this arms race."

I'm not sure I trust militaries to resist the temptation, or at the very least, I have a bad case of the cynicals. Industrialized societies seem addicted to invention and allergic to preparing for the consequences. Many turning points in climate-change action came only after people began to witness its effects. When it comes to the peril of AI weapons, will we need to see it to believe it?

And then, will it be too late?

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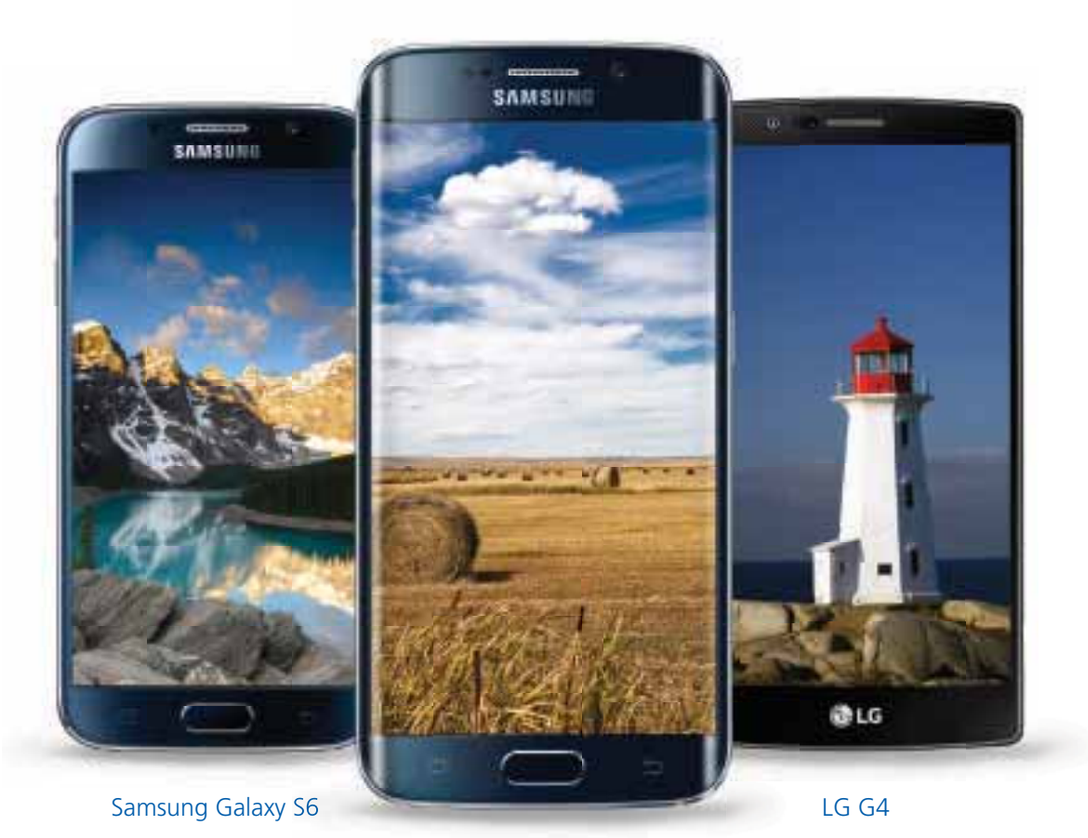

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metro LIFE
Your essential daily news

Black-ish creator Kenya Barris to remake original Shaft movie

Tom Cruise and Jeremy Renner star in Mission: Impossible — Rogue Nation. DAVID JAMES/THE ASSOCIATED PRESS

Real stunts add to the action

ACTION

It's not just nostalgia for pre-CG days, stunts impress

IN FOCUS

Richard Crouse

Check the IMDB page for Mission: Impossible — Rogue Nation. You'll learn that Tom Cruise clung to the outside of an Airbus A400M at an elevation of 5000 feet, held his breath for six minutes underwater and performed dangerous driving scenes all without the aid of an on-camera stuntperson.

It's not that he is trying to break the stunt union or put anyone out of work. Instead it is Cruise's commitment to making sure the stunts in his films have a true, palpable sense of danger to them.

Much of what we see on screen these days is computer generated, illusions made up of bits and bytes, but many of the truly eye catching images we've seen in movies this summer were created the old fashioned way.

Remember the "car drop" scene from Furious 7? Stunt coordinator (and former Knight Rider stunt driver) Jack Gill actually arranged for autos to be launched out of a C-130 Hercules four-engine turboprop military transport aircraft. They shot the scene twice. First aerial photographers in parachutes followed the cars as they dove from an altitude of 12,000 feet and then again from 8000 feet to get helicopter shots. The result is a wild sequence that feels like a roller-coaster ride with real cars.

After years of "following the CG evolution," using computer generated images to create beautiful animated films like Happy Feet and Babe: A Pig in the City, Mad Max: Fury Road director George Miller says he was keen to go back to "old school" filmmaking "with real cars and real people and real desert."

That means, unlike the Avengers and their ilk, respecting the laws of physics by using practical effects and keeping the action earthbound. In other words, in a call back to the original Max films — Mad Max, Mad Max 2: The Road Warrior and Beyond Thunderdome — when a car blows up it doesn't rocket into space. Instead it explodes spectacularly but organically. The wild action you see in Fury Road are actual stunts performed by stunt men and women and not generated by a clever computer operator in a studio. "It was like going back to your old home town and looking at it anew," Miller says.

Nicholas Hoult, who plays Nux in Fury Road, says having the stunts performed for real added to his performance.

"Because it was all real it actually makes your job a lot easier," he said. "Rather than being on a stage and having to pretend that things are happening around you and react to nothing, things are actually happening and your reactions are real."

Carla Gugino says there was quite a bit of greenscreen action in her earthquake movie San Andreas, but adds director Brad Peyton "wanted to do as much in camera as possible."

In one pivotal scene she and Dwayne Johnson are in a helicopter flying above the carnage.

"The helicopter was in a stage, on a greenscreen," she says, "but was on a gimbal many, many feet up that literally dropped, dove and spun. We were twenty-five feet off the ground."

"I think it makes a difference in watching the movie too. It feels much more viscerally connected."

So filmmakers and actors love giving audiences the real deal thrill of practical effects, but how did Tom Cruise, what feel about hanging on to the side of an aircraft in full flight?

"I was actually scared s—less," he says.

MOVIE RATINGS by Richard Crouse

Mission: Impossible — Rogue Nation ★★★★
Vacation ★★★
A Lego Brickumentary ★★

HOW RATING WORKS	
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MOVIE NEWS

Latest in spy franchise arrives at perfect time

"This may very well be our last mission," says Jeremy Renner's character, IMF agent William Brandt, in Mission: Impossible — Rogue Nation. If it is the last, or one of the last, with Tom Cruise as lead, then the team looks to go out with a bang, and Paramount Pictures is keen to give this week's release Rogue Nation every chance of success.

With the new release landscape looking relatively clear of challengers in the coming months, Mission: Impossible — Rogue Nation could be Hollywood's biggest action film for the rest of the summer season after its July 31 debut.

Budgets for Mission: Impossible films have stabilized at around $150M, and for 2011's Mission: Impossible — Ghost Protocol that budget translated into a franchise record $695M box office take.

If Rogue Nation does the same it would become the fifth biggest hit of the year — at least until Star Wars and Spectre arrive.

AFP

THE TV DINNER JESSICA ALLEN

Tom Cruise is back in Mission: Impossible – Rogue Nation. There are motorcycle and car chases and shirtless martial arts and gun fights. That sounds like my action-packed kitchen when I make a pie

Even after reading Going Clear: Scientology, Hollywood & the Prison of Belief, I can still suspend my disbelief when I see Tom Cruise on the big screen. He is Maverick; he is Jack Reacher; he is Ethan Hunt.

On July 31, Cruise is back in Mission: Impossible — Rogue Nation. Hunt's team has been disbanded by the new CIA boss (Alec Baldwin) but when a multinational group of ex-operatives goes rogue, they must save the day. There are motorcycle and car chases and shirtless martial arts and gun fights.

That sounds like my action-packed kitchen when I make a pie. There are life-and-death decisions that need to be made, starting with: What will I put in the pie? What I am about to say will be so controversial that you may hope this story self-destructs: I do not mix fruit. I want blueberry pie — not blueberry and peach pie. And I know that strawberries will help cut the sour of rhubarb but why in hell would I want to do that?

Then there's the crust itself. First of all, humidity, temperature, even altitude, need to be considered, although I never consider them. Also, the clock is ticking: Overwork the pastry and you'll get a brick, plus, none of the ingredients can't get too warm. Speaking of ingredients, pie crust may only be flour, fat and water, but it's the most contentious recipe in the history of mankind. Because what fat will you choose to make it?

THE MOVIE: Mission Impossible

THE DISH: Rhubarb pie

I spoke with 10 Canadian home bakers who were all pie-making champions for one of the first stories I ever wrote for Maclean's. They all used either lard (rendered pork fat, like Tenderflake) or shortening for their flaky, winning crusts. But professional bakers almost always use butter, which is far less forgiving but produces a better-tasting pastry.

I've attempted dozens of variations, from all-butter recipes to the one that's on the Crisco box. But I've never rolled out a crust without swearing. That being said, a combination of fats bodes best for me. "Butter gives the pastry its flavour and texture," Julia Child wrote in Mastering the Art of French Cooking, while vegetable shortening "has a tenderizing effect that almost all American flours seem to need."

On Sunday, I set out to make a rhubarb pie using half butter and half shortening. I had exactly the two-and-a-half-cups of flour that the Joy of Cooking recipe called for. Jackpot! Only, it smelled musty (I haven't baked since Christmas) and that left me nothing for rolling out the pastry. Off to the grocery store I went. Eventually, I pulled from the oven something resembling a pie. It didn't look like Martha Stewart made it. But it was delicious. Maybe, as Stewart herself might say, that's a good thing.

Jessica Allen is the digital correspondent on CTV's The Social.

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INTERVIEW

Mission: Possible — Actress overcame vertigo to do stunts

Richard Crouse
For Metro

When Rebecca Ferguson was cast as Ilsa Faust in Mission: Impossible — Rogue Nation, she didn't know exactly what she was getting into. "This is a Mission film," says the Swedish actress. "You process that in your head. It means action. I don't know what kind of action, but it will be action."

Ferguson, who is best known for period dramas like BBC's The White Queen and The Cousin's War, expected the role would be physical, but adds, "they were kind enough not to inform me about the high jumps that were to be held on the first day of shooting."

She describes her first stunt, a 75-feet leap from the roof of the Vienna Opera House, as, "completely, absolutely gobsmackingly terrifying."

"I told them, 'Look, I'm great underwater. I dive. I love all that. Jumping off buildings? I'm thinking no.' They said, 'That's fine. We have stunt doubles.' I went, 'Stunt doubles? No, no, no, no, no. What do I have to do?'"

Rebecca Ferguson did all her own stunts in Mission: Impossible — Rogue Nation. CHIABELLA JAMES/THE ASSOCIATED PRESS

For weeks she trained six hours a day to meet the physical demands of the shoot and mentally prepared to overcome her vertigo for the Opera House stunt. "We just worked our way up and got to 75 feet," she says. "I did the jump."

What went through her mind as she stepped off the building? "Don't look down and keep your legs wrapped tightly around Tom. Jump and look cool."

She says she was not forced into the stunt and could always have said no, but ultimately enjoyed doing it.

"I love the intensity of the action sequences. There is an energy that is just incredible and your heart is beating."

The 32-year-old actress, who will next be seen opposite Meryl Streep in the Stephen Frears film Florence Foster Jenkins, says in those moments of stress she becomes very focused. Later though, the weight of the situation sinks in.

"After," she says, "it hits me. I go, 'Is that Tom Cruise? Am I kicking ass with Tom Cruise?'"

Now playing

ACTION & ADVENTURE

Mission: Impossible — Rogue Nation

Director: Christopher McQuarrie
Starring: Tom Cruise, Rebecca Ferguson

With the IMF disbanded, and Ethan (Tom Cruise) out in the cold, the team now faces off against a network of highly skilled agents hellbent on creating a new world order.

ROTTEN TOMATOES™ SCORE

Critics: 90% Audience: +98%

COMEDY

Vacation

Director: John Francis Daley, Jonathan M. Goldstein
Starring: Christina Applegate, Ed Helms

Ed Helms stars in this reboot of the Vacation series as Rusty Griswald, the son of Chevy Chase's iconic character in the original four films. Horrible Bosses' helmers John Francis Daley and Jonathan M. Goldstein write and direct.

ROTTEN TOMATOES™ SCORE

Critics: 28% Audience: +95%

DRAMA

Southpaw

Director: Antoine Fuqua
Starring: Jake Gyllenhaal, Rachel McAdams

Billy Hope seemingly has it all with an impressive career, a beautiful and loving wife an adorable daughter and a lavish lifestyle. When tragedy strikes and his lifelong manager and friend (Curtis "50 Cent" Jackson) leaves him behind, Hope hits rock bottom and turns to an unlikely saviour at a run-down local gym.

ROTTEN TOMATOES™ SCORE

Critics: 50% Audience: 78%

DOCUMENTARY

A Lego Brickumentary

Director: Daniel Junge, Kief Davidson
Starring: Jason Bateman, Jamie Berard

This documentary playfully delves into the extraordinary impact of the LEGO brick, its massive global fan base, and the innovative uses for it that has sprung up around the world.

ROTTEN TOMATOES™ SCORE

Critics: 43% Audience: +90%

DRAMA

Irrational Man

Director: Woody Allen
Starring: Joaquin Phoenix, Emma Stone, Parker Posey

When a burned-out, brilliant professor — one who believes in lessons from life rather than books — takes a job at a small college, everyone there is abuzz. He becomes involved with a teacher and a student, but it takes a dramatic, existential act to turn his life around.

ROTTEN TOMATOES™ SCORE

Critics: 40% Audience: +83%

DRAMA

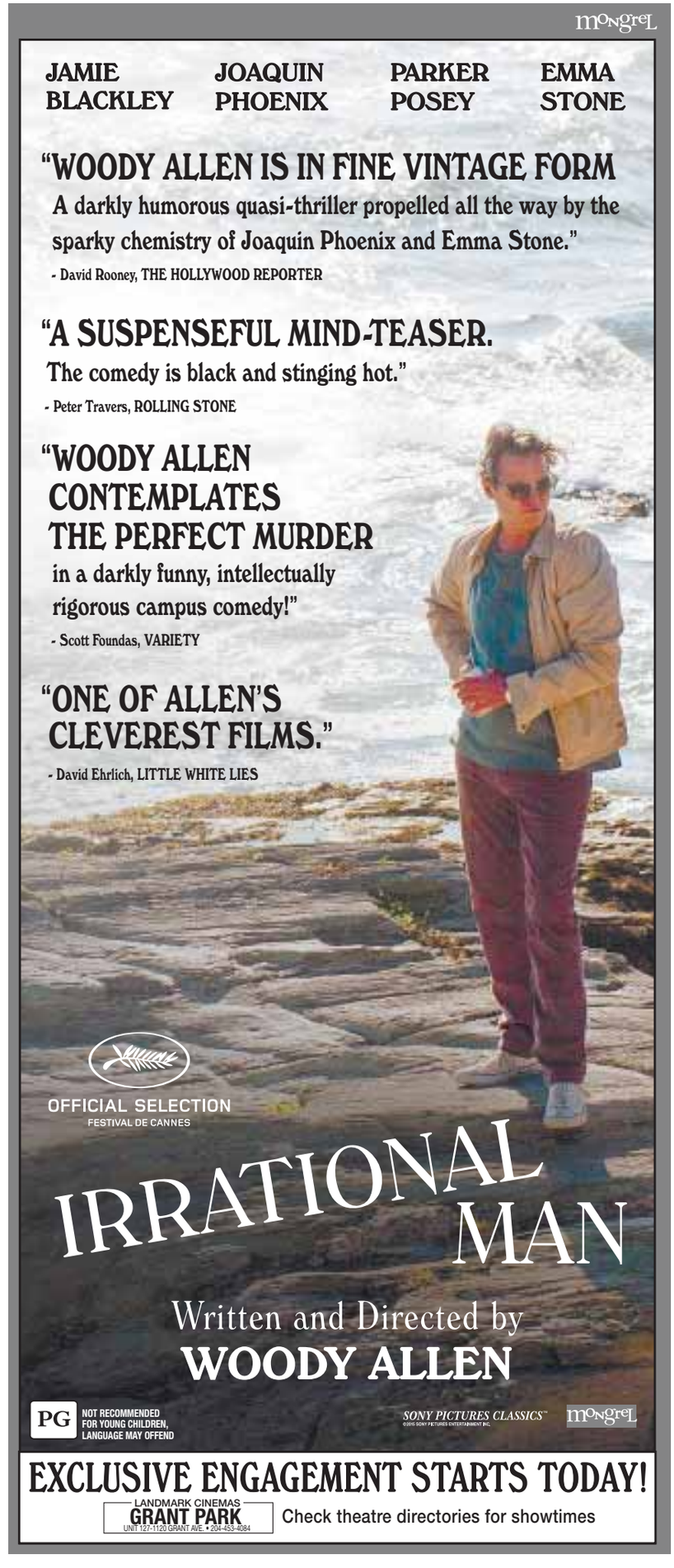
Paper Towns

Director: Jake Schreier
Starring: Cara Delevingne, Nat Wolff

Adapted from the bestselling novel by author John Green (The Fault in Our Stars), Paper Towns is a coming-of-age story centring on Quentin and his enigmatic neighbour Margo, who loved mysteries so much she became one.

ROTTEN TOMATOES™ SCORE

Critics: 73% Audience: +95%


mongrel
JAMIE BLACKLEY
JOAQUIN PHOENIX
PARKER POSEY
EMMA STONE
"WOODY ALLEN IS IN FINE VINTAGE FORM
A darkly humorous quasi-thriller propelled all the way by the sparky chemistry of Joaquin Phoenix and Emma Stone."
- David Rooney, THE HOLLYWOOD REPORTER
"A SUSPENSEFUL MIND-TEASER.
The comedy is black and stinging hot."
- Peter Travers, ROLLING STONE
"WOODY ALLEN CONTEMPLATES THE PERFECT MURDER
in a darkly funny, intellectually rigorous campus comedy!"
- Scott Foundas, VARIETY
"ONE OF ALLEN'S CLEVEREST FILMS."
- David Ehrlich, LITTLE WHITE LIES
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Married, with children on the road

INTERVIEW

Applegate hits the road in the latest of the Vacation series

Ned Ehrbar
Metro | Hollywood

Christina Applegate takes the ultimate American family road trip in Vacation, but she didn't necessarily have a lot of personal experience to draw upon.

The movie looks like it was fun to make.
Luckily for us, we had a group of people that made it really fun. Some of the circumstances physically were kind of difficult, but we all were going through it together. This group isn't a group to complain, so it all was fine.

What kind of circumstances?
Hanging upside down (on a stopped roller-coaster). That one pushed me over the edge. That was one of those moments that they were like, "OK, can you just do the scene one more time?" And I was like, "No. Turn us back around."

Everyone else seemed to be fine, but I really thought I was going to pass out or something really bad was going to happen to my brain.

Roller-coasters were never really my idea of fun.
I always love a good roller-coaster, but that one was a tad rickety for me. When you feel like, "Wow, this actually could give me whiplash," that's never a good sign.

Have you gone on many family road trips yourself?
I didn't really have a family, so much. I grew up with a single mom as an only child.

My dad's family, we would go camping sometimes in his pop-top VW bus when I was a little kid, and I really enjoyed those. But my mom and I never really went on road trips. Well, we went to Tijuana once when I was like seven, but that was it.

What made you want to go to Tijuana?
Ask her, because I don't understand it at all. No offense to Tijuana, but a seven-year-old and a woman, at that time in the '70s — it wasn't the safest of areas.

Your character has some interesting layers. What was your favorite aspect of her?
They had written a pretty rounded character, but I was just like, "Let's bring something in that we haven't seen." I wanted her to have a past, to have an edge, because to me that's the modern mom right now, the modern mom that I hang out with. I really wanted to make sure we represented the modern mom — these people who have come from kind of crazy places but have put their lives together and are these incredible moms because they've learned so much by the mistakes of their own parents, but we're also still kind of dark and twisty and edgy, and I kind of love that because I haven't seen that kind of mom represented a lot in movies.

Christina Applegate and Ed Helms having some good, clean fun playing the Griswolds in the family comedy Vacation. HOPPER STONE/THE ASSOCIATED PRESS

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PINONEERS

Founding fathers of punditry

Steve Gow
For Metro

"The reason that Vidal (pictured right) and Buckley (left) worked as public figures on TV so much was that they understood the theatre of it," said filmmaker Morgan Neville. HANDOUT

When director Morgan Neville was first presented with old footage of debates between highbrow thinkers Gore Vidal and William F. Buckley, he had no idea it was going to make such great cinema.

"(I thought) there might be a documentary here but we didn't know the context," recalled Neville, who teamed up with co-director Robert Gordon. "Here are these two amazing characters speaking like I don't see people speaking on television today. I felt like it could lead to a lot of interesting places."

Where it led was to an insightful, acclaimed exploration about the moment when television news changed forever in Best of Enemies — the highly-anticipated follow-up to Neville's Oscar-winning film Twenty Feet From Stardom.

During the 1968 Democratic and Republican national conventions, politically-disparate commentators Buckley and Vidal were hired to fill some time for TV's lowliest broadcaster through a series of cheaply-produced debates. In turn, the two men (who apparently detested each other) brought in huge ratings — so much so that their heated exchanges initiated the dawn of pundit news that's so prevalent today.

"In the old TV world, there just wasn't a lot of debate. There wasn't even much commentary on TV news," said Neville, who once held a job as fact-checker for Vidal. "Now we have whole channels that are basically debate or commentary. The reality is it's cheap and you don't need intelligent people throwing out sparks — you just need the sparks. Anyone can do that."

While that may be true, Best of Enemies illustrates that nobody on television today even comes close to competing with the sheer wit, intelligence and impassioned hostility on display in those 1968 battles between Buckley and Vidal.

"I think they had respect for each other insofar as they thought the other was dangerous," said Neville of the two political sages who barely keep from coming to blows in the film.

7

We now have the fifth installment of Mission Impossible, the first having come out nearly two decades ago (1996), and Tom Cruise still looks the same. It appears Ethan Hunt's IMF agent operative duty also included protecting the secret fountain of youth... We've compiled a list of celebs who look as fresh-faced in HD as they did back when.

MATT PRIGGE/METRO NEW YORK

Dylan McDermott, 53

The American Horror Story actor is another who mysteriously hasn't aged.

For that matter, neither has Dermot Mulroney, 51, the actor with whom he's linked in name and general matinee idol-ness. They should play brothers.

Julia Louis-Dreyfus, 54

Recently the Seinfeld and Veep god played herself on the Amy Schumer Show sketch, ringing in, with Patricia Arquette and Tina Fey, her "Last F—able Day." One of the jokes is that the only thing about her that has changed is her hair.

Pharrell, 42

We're really not sure what to say here that we haven't already said about others. He just doesn't look 42, or that much different than in the early N.E.R.D. days.

Halle Berry, 48

Her acting work is a bit checkered — she's done plenty of bad films, though her true best work isn't in Monster's Ball but in Boomerang, back in 1992 — but Berry has looked just about the same since her first film appearance.

Her debut, in fact, was as an addict in Spike Lee's Jungle Fever, which is about as dishevelled as she's ever been onscreen, which is to say not very.

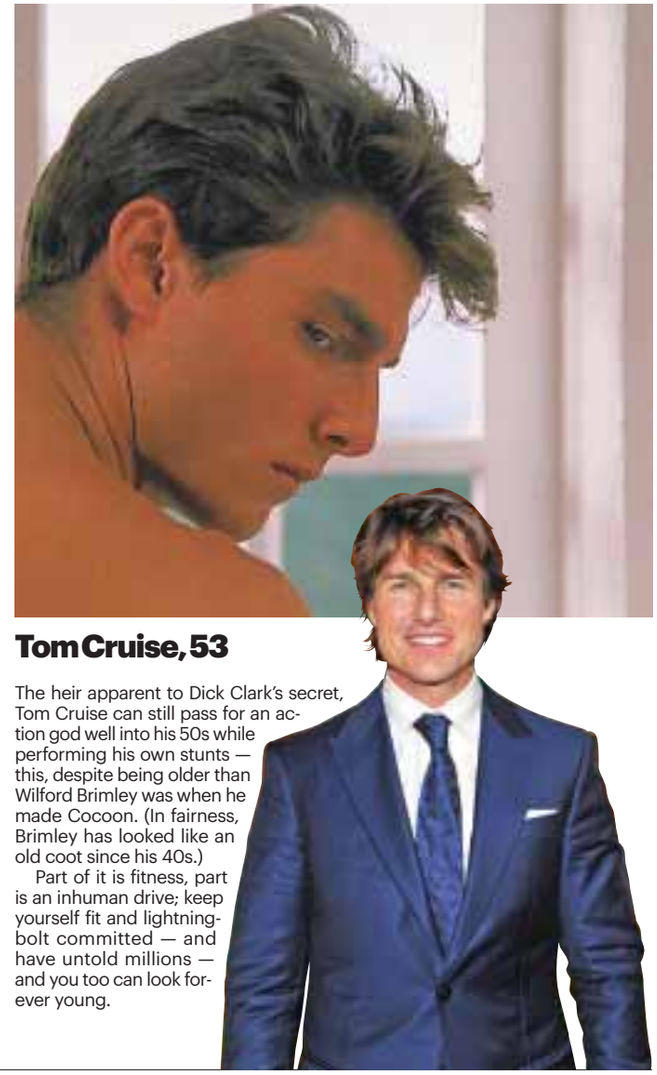
Paul Rudd, 46

Rudd isn't that old, but he still looks pretty much the same as he did 20 years ago in Clueless, his film debut.

It isn't just that his looks haven't changed; he has that same youthful archness — that quality of being self-aware enough to be funny without tumbling into bitter parody. Alicia Silverstone could have bagged any rent-a-hunk for her first romantic lead. Instead she got someone cool, who would stand the test of time, in more ways than one.

Sandra Bullock, 50

In an industry that chucks its female stars when they start getting up in years, Bullock has remained at the forefront, in part because she doesn't look close to her age. That's in temperament too. Even moreso than Julia Roberts, she's still able to bust out the excitable, panicky-giggly shtick that made her big in Speed and While You Were Sleeping, be it in a comedy like The Heat or the way she freaks out through most of Gravity.



Tom Cruise, 53

The heir apparent to Dick Clark's secret, Tom Cruise can still pass for an action god well into his 50s while performing his own stunts — this, despite being older than Wilford Brimley was when he made Cocoon. (In fairness, Brimley has looked like an old coot since his 40s.)

Part of it is fitness, part is an inhuman drive; keep yourself fit and lightning-bolt committed — and have untold millions — and you too can look forever young.

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metro TRAVEL
Your essential daily news

Barack Obama says climbing Mount Kilimanjaro is on his post-presidency bucket list

Arctic for geeks

A two-week expedition cruise up the coast of Newfoundland and Labrador into northern Quebec offered sweeping vistas as well as cultural and artistic programming. PHOTOS BY JENNIFER FODEN

CRUISE

Travelling remote terrain with authors, artists and culturalists

Jennifer Foden
For Metro

"Hi, Ms. Atwood?" I nervously said, interrupting the Canadian literary icon's walk along the Saint Pierre coastline with her partner, novelist Graeme Gibson. "I'm a huge fan of your work."

Meeting the literary power couple wasn't by chance: We were all travelling on board the Ocean Endeavour, a small cruise ship of 198 passengers.

The vessel is operated by Adventure Canada, a Mississauga, Ont.-based company, which focuses on reaching wilderness destinations in the Arctic and beyond.

Our trip started that day on the French island of Saint Pierre, 275 kilometres southwest of St. John's. The boat then began its journey up the western coast of Newfoundland, followed by the eastern edge of Labrador, allowing passengers to stop and explore Inuit communities like Rose Blanche and Nain, and hike striking landscapes such as Gros Morne and the Torngat Mountains National Parks. The journey would end travelling into Ungava Bay to Nunavik in northern Quebec.

While exploring the Arctic (spotting wildlife and icebergs, reaching remote landscapes via 10-person Zodiac boats) is why many people travel with Adventure Canada, what really won me over was all the cultural and artistic programming on board. When not exploring the outdoors, guests can attend everything from photography workshops and naturalist talks to book clubs and musical concerts.

My two-week expedition not only welcomed special guests Margaret Atwood and Graeme Gibson, but several notable staff who helped deliver this programming, such as Billy Gautier, an Inuit carver, whose exhibition at the Spirit Wrestler Gallery in Vancouver sold out in 18 minutes; and John Bailey, from Google, who walked the terrain we visited with a Street View camera on his back, visually mapping places that are largely inaccessible. The book nerd in me rejoiced again when I met Terry Fallis, author of The Best Laid Plans, who has twice won the Stephen Leacock Memorial Medal for Humour. There were Inuit culturalists, Arctic explorers, artists and more.

However, it was more than just the staff and special guests who had something to say.

An expedition cruise with programming such as this attracts passengers that are like-minded, those interested in wildlife, the outdoors, photography, exploration, literature, culture, history and more.

You'd share conversations at meals and on Zodiacs with remarkable people from around the globe.

A fellow passenger referenced the atmosphere on board as a Floating TED Talk; someone else fittingly dubbed it the Arctic for geeks.

The writer was a guest of Adventure Canada and Newfoundland & Labrador Tourism. Neither reviewed nor approved the story.

TRAVEL NOTES SUNSPOT SAVINGS, EASY BOOKING AND MIAMI FLAVOURS

Extend the summer
Iberostar Hotels & Resorts is having a sale for a limited time, with all-inclusive stays in Mexico, Dominican Republic and Jamaica on sale from about $85 per person per night if you book before Aug. 10 for travel between Aug. 16 and Oct. 31. Go to Montego Bay, Playa del Carmen, Playa Paraíso, Playa Bávaro and more. Visit Iberostar.com.

Iberostar Cozumel, Mexico. DOUG WALLACE

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Book a hotel room on the fly. CONTRIBUTED

Miami-licious
Miami Spice is on now till the end of September at Fontainebleau Miami Beach. Enjoy a three-course dinner for about $50 at one of the hotel's four restaurants: Michael Mina 74, Hakkasan and Scarpetta (Sunday to Thursday), and Stripsteak by Michael Mina (seven days a week). Reserve at 877-326-7412 or fontainebleau.com/dining. DOUG WALLACE

Scarpetta at Fontainebleau Miami Beach. CONTRIBUTED

metro SPORTS
Your essential daily news

Chris Paul will play in the first ever exhibition NBA game in Africa on Saturday in Johannesburg

David makes Jays Goliath

MLB

Jays acquire Price in second blockbuster deal of week

When the Toronto Blue Jays could put ace Roy Halladay on the mound every fifth day, Alex Anthopoulos recalled then-general manager J.P. Ricciardi saying that alone made them a great team.

Already believing these Blue Jays are a good team, Anthopoulos on Thursday filled their biggest need by trading for star left-handed pitcher David Price. Left-handed pitching prospects Daniel Norris, Matt Boyd and Jairo Labourt went to the Detroit Tigers.

It didn't matter that the price was three prospects, including the top one in the organization, or that Price is a free agent after the season. Anthopoulos believes Price is the No. 1 starter Toronto hasn't had since Halladay.

"Getting guys like Price, that type of impact, those (No.) 1 starters, they can make you a great team all by themselves," Anthopoulos said at a news conference. "It's more a reflection on the belief of the guys we have right now, what we have on the roster. We think we're a good team, and adding a guy like Price we think makes us that much stronger and will give us a chance to win."

Daniel Norris is among the players headed to Detroit in exchange for David Price. NATHAN DENETTE/THE CANADIAN PRESS

With the Blue Jays entering play on Thursday two games back of the Minnesota Twins for the second American League wild card, they may suddenly be favourites to make the playoffs with Price. He is an all-star who won the AL Cy Young Award in 2012 with the Tampa Bay Rays.

The 29-year-old is 9-4 this season with a 2.53 earned-run average. In his major-league career, Price is 95-55 with a 3.13 ERA and 1,285 strikeouts in 1,367-1/3 innings, including a 7-0 record at Rogers Centre.

For the next two months Price headlines a rotation that includes R.A. Dickey, Drew Hutchison, Mark Buehrle and Marco Estrada. He's on rotation to start as soon as Sunday against the Kansas City Royals but could also pitch Monday against the Twins.

This trade came in the same week as the Blue Jays traded for shortstop Troy Tulowitzki and reliever LaTroy Hawkins. While Tulowitzki is signed to a long-term deal, Price is a rental player who will command a hefty salary this off-season.

Price, who was traded from the Rays to the Tigers at the deadline a year ago, is making $19.75 million US in the final year of his contract. Anthopoulos said he was not yet dwelling on the possibility of re-signing Price, which could be a difficult task.

"I think every team in baseball would love to have this guy on their team long term," he said. "We've just got to get in the line." THE CANADIAN PRESS

THE NUMBERS

$19,750,000: Price's salary for 2015
0: Years left on Price's contract
9-4: Price's record
2.53: Price's ERA
7-0: Price's career record at the Rogers Centre
16-2: Price's career record vs. Toronto
5: All-star game appearances
12: Likely 2015 starts left
7*: Games behind Yankees
13: Games left vs. Yankees
2*: Games behind wild card
13: Games left vs. teams ahead of them in the wild-card race

*Stats prior to games on Thursday
TORSTAR NEWS SERVICE

David Price could make his first start for the Blue Jays as early as Sunday. JASON MILLER/GETTY IMAGES

THURSDAY In Toronto

BLUE JAYS	ROYALS
5	2

Blue Jays flush Royals
Dioner Navarro, Russell Martin and Josh Donaldson each hit a home run as Toronto beat AL-leading Kansas City in the opener of a four-game series.

Trades infuse Toronto with baseball fever

Gilbert Ngabo
Metro | Toronto

The baseball buzz is back in town.

This week's changes to the Blue Jays roster have, almost instantly, sent the expectations of fans and analysts soaring to new heights.

"This is a game changer for the city as a whole," Tom Dakers said about new pitcher David Price and shortstop Troy Tulowitzki.

The team is now no doubt "a legitimate contender" for a title, said die-hard fan Leo Mui.

"It's been 22 years since the Jays made the playoffs, for God's sake," he said, remembering the disappointment he felt last year when a push towards making the post-season fell just short.

"We are going to be the city that finally has that baseball buzz we really haven't had this late in the season for many, many years."

Dakers, who writes for bluebirdbanter.com, was in Toronto when the Jays clinched their first World Series in 1992. He remembers the excitement that rippled across the city — sports fan or not.

"That was magical. You probably had four million fans following the game," he said. "Last week, I'd have given this team a one-tenth chance of making the playoffs. Right now? I'm glad I'll be home in October."

Blue Jays fans check out newly made David Price jerseys on Thursday. NATHAN DENETTE/THE CANADIAN PRESS

IN BRIEF

Latos joins Dodgers in 13-player trade
The first-place Los Angeles Dodgers have bolstered their pitching staff, acquiring Mat Latos from the Miami Marlins and Alex Wood, Jim Johnson and Luis Avilan from the Atlanta Braves in a 13-player deal.

The rebuilding Braves also gave up top infield prospect Jose Peraza in Thursday's trade, paying a hefty price largely to land 30-year-old Cuban infielder Hector Olivera at a steep discount. Atlanta also got left-handed reliever Paco Rodriguez and minor-league pitcher Zachary Bird from Los Angeles.

Los Angeles also acquired first baseman Michael Morse from Miami and injured pitcher Bronson Arroyo from the Braves.

Miami got three minor leaguers from the Dodgers and sent a draft pick to Atlanta. THE ASSOCIATED PRESS

Gomez dealt to Astros
The Astros have added another bat to their lineup as they make a push for the post-season, acquiring two-time All-Star outfielder Carlos Gomez from the Milwaukee Brewers.

Houston, which also received right-hander Mike Fiers in the deal, sent four prospects to the Brewers: left-hander Josh Hader, right-hander Adrian Houser and outfielders Brett Phillips and Domingo Santana. THE ASSOCIATED PRESS

Rio water under fire again
The waters where Olympians will compete in swimming and boating events next summer in South America's first games are rife with human sewage and present a serious health risk for athletes, as well as for visitors to the iconic beaches of Rio de Janeiro.

An Associated Press investigation found dangerously high levels of viruses and bacteria from sewage in Olympic venues, though an Olympic official said Thursday there are no plans to press for authorities to monitor for viruses, which many experts consider the biggest problem. THE ASSOCIATED PRESS

Canadian a soccer star

FA WOMEN'S SUPER LEAGUE

Desiree Scott first Canadian in Women's Cup final

After playing in front of packed stadiums at the Women's World Cup this summer, Canadian international Desiree Scott can tick off another item on her bucket list.

On Saturday, the 27-year-old Winnipeg midfielder known as The Destroyer is set to play for her club side, Notts County Ladies, against Chelsea in the Women's FA Cup final at Wembley.

"It's very exciting," said Scott. "You can feel it within the team."

"We're all very pumped for it.... Every coffee shop we're in, people are wishing us good luck," she added.

Scott is the only Canadian currently playing in England's Women's Super League and, according to the Canadian Soccer Association, is the first Canadian to play in the Women's Cup final

After featuring for Canada in the Women's World Cup last month, Desiree Scott takes her talents to Wembley Stadium for the Women's FA Cup in London this Saturday. RICH LAM/GETTY IMAGES

Canada did not play at Wembley during the 2012 Olympics but Scott and her fellow players received their bronze medals there.

"It's an absolute dream for me," she said.

It's the first time the women's final has been held at England's national stadium and a record crowd is already assured with more than 27,000 tickets sold. The previous mark was 24,582, set in 2008 at Nottingham Forest's City Ground.

> **Every coffee shop we're in, people are wishing us good luck.**
> Desiree Scott

Arsenal defeated Everton 2-0 in last year's final before 15,000 at Stadium MK, home to English Championship side Milton Keynes Dons. In 2013, Arsenal beat Bristol Academy 3-0 in front of 4,988 at the Keepmoat Stadium in Doncaster.

The Women's Cup final will be followed Sunday at Wembley by the men's Community Shield between FA Cup-holder Arsenal and defending Premier League champion Chelsea in the traditional curtain-raiser to the English season.

Scott rejoined her team after a two-week vacation following a World Cup that saw four of her club teammates oust Canada 2-1 in the quarter-final. England then lost a 2-1 heartbreaker to Japan in the semifinal before beating Germany 1-0 for third place.

Scott says she was somewhat nervous about coming back given the World Cup quarter-final between the two countries.

"I didn't know what to expect but the girls have been great," she said. "There hasn't been too much talk about it."

THE ASSOCIATED PRESS

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SOCCER

Montreal welcomes superstar Drogba

There's no question that Montreal soccer fans count Didier Drogba as a superstar.

The former Chelsea striker was met with chants and long applause at a news conference attended by media and hundreds of the MLS club's fans at Saputo Stadium on Thursday night.

He donned the No. 11 shirt, which was given up by midfielder Dilly Duka for the team's new marquee player.

Drogba will meet his new teammates on Friday, but will need time to train with them and work on his conditioning before he can play in a match.

For now, he just wants to fit into his new team.

"I wasn't a superstar before I joined big teams like Marseille and Chelsea and the others so I know how it feels," he said. "A superstar is just the way people look at you, but in the dressing room you're the same....

All I can try to do is give back to those players who want to learn and I think I am also going to learn from them."

> **A superstar is just the way people look at you, but in the dressing room you're the same.**
> Didier Drogba

The 37-year-old, who scored 164 goals while helping Chelsea to four Premier League titles, is the biggest name ever to join the Impact and his presence is certain to help the club on the field and in ticket sales. His arrival at Trudeau Airport on Wednesday drew a huge throng of dancing and chanting fans.

Drogba played for Chelsea from 2004 to 2012, then played in Turkey before returning to the Blues for one more season, and one more title, in 2014-15.

Drogba said positive reviews from Chelsea players helped in his decision, as did talks with former Impact defender Alessandro Nesta, the ex-Italy and A.C. Milan defender.

Drogba who grew up in France and Ivory Coast also liked coming to a mostly French speaking city.

"I was impressed by what my teammates said and by my talks with the team president (Joey Saputo) and the welcome the fans gave me," said Drogba.

THE CANADIAN PRESS

IN BRIEF

Partners sought for Nordiques bid

Quebecor Inc. says it's recruiting partners for its bid to bring the Nordiques back to Quebec City.

The media and telecom company said Thursday it has opened talks with some sponsors and signed contracts but has yet to secure another investor willing to help foot the $500-million US bill it costs to launch an NHL expansion franchise.

"Submitting this application is one more step towards our ultimate objective of making sports an additional growth segment," president and CEO Pierre Dion told analysts on a conference call after the company posted its latest financial results.

"We will soon be approaching potential partners, which we believe will attract high interest levels."

Last week Quebecor announced it submitted a bid to the National Hockey League that would bring a team back to Quebec City for the first time in 20 years.

THE CANADIAN PRESS

Fans support Brady in 'deflatergate' appeal

Fans drove to Gillette Stadium past a booth selling "Free Tom Brady" T-shirts.

Then, when they arrived for the New England Patriots' first training camp practice on Thursday, they let the star quarterback know how they felt.

Brady took the field to a boisterous cheer from the more than 10,000 fans who sat in a sweltering sun to see the Super Bowl champions open the defence of their title.

Team owner Robert Kraft, who lashed out at the NFL a day earlier for upholding Brady's suspension, also got loud applause when he came out on the field.

Kraft waved to fans when he arrived and then signed autographs for about 20 minutes at the end of practice. Fans were overwhelmingly supportive of the owner, according to an Associated Press photographer who witnessed the exchanges in an area off limits to writers.

But up above, an airplane buzzed the practice field towing a banner that said: "Cheaters Look Up!" and listing the Twitter handle of a New York Jets fan website.

THE CANADIAN PRESS

RECIPE Rose's Brownie and Frozen Yogurt Sandwiches

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 15 minutes
Cook time: 12 minutes

Makes 12 half servings.

Ingredients
- 2/3 cup granulated sugar
- 1/4 cup vegetable oil
- 1 egg
- 1 tsp pure vanilla extract
- 1/3 cup unsweetened cocoa powder
- 1/3 cup all-purpose flour
- 1 tsp baking powder
- 1/4 cup low-fat yogurt or sour cream
- 1/4 cup semi-sweet chocolate chips
- 1 1/2 cup vanilla frozen yogurt, softened
- 1 1/2 cup chocolate frozen yogurt, softened

Chocolate Glaze
- 1/2 cup semi-sweet chocolate chips
- 1/2 cup 2% evaporated milk

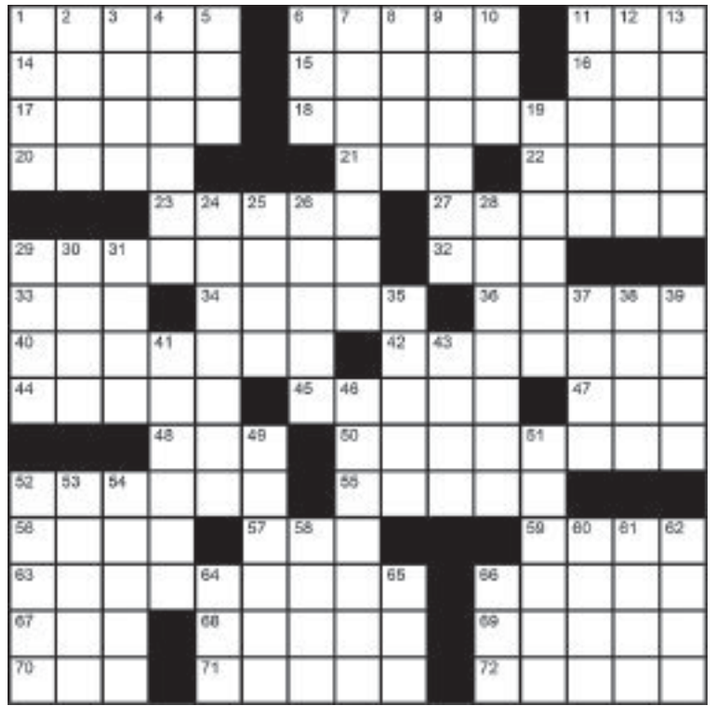
Directions
1. Preheat oven to 350 F. Spray a large 6 cup (4-inch wide) muffin tin with vegetable oil. Combine sugar, oil, egg, vanilla and cocoa powder and mix until smooth. Add flour, baking powder, yogurt and chips and mix just until combined, don't overmix. Divide into large muffin tin and bake for 12 minutes or just until no longer wet. Cool. Place 1/4 cup softened frozen vanilla frozen yogurt on top of muffin along with 1/4 cup chocolate frozen yogurt.
2. Melt chocolate and evaporated milk on high for approx. 30 seconds. Whisk until smooth. Cool. (If too thick, add more evaporated milk.) Pour over top of frozen yogurt. Top with coloured sprinkles. Freeze until serving.
3. With a wet knife, gently remove brownies from tray. Slice in half.

Nutrition per half serving
- Calories 190
- Carbohydrates 20 g
- Total fat 7.5 g
- Cholesterol 19 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Kilt-wearer's dance
6. Fearing-one's suffix
11. Intl. clock standard
14. Hawaiian-style veranda
15. Glass: French
16. Whopper
17. Squirrel's prize
18. Heavy pole event at #63-Across: 2 wds.
20. Madonna's first hubby's surname
21. Dog's physician, commonly
22. Aid and __
23. Basket-making fibre
27. Cantankerous
29. Go-Go's water skiing video hit
32. Mr. Beatty
33. Baffin, e.g.
34. By __ (How close races are won)
36. "__ at 'em!"
40. Scottish Highland kilt pouch
42. Twinkle
44. Up to now: 2 wds.
45. Smooth transition
47. Watering __ (Gardener's prop)
48. Matterhorn, for one
50. Ontario village (southeast of Ottawa) where #63-Across is held each summer
52. Silent movie's in-distress role
55. German Shepherd or Labrador
56. Odd mixture
57. Writer Ms. LeShan
59. Red-wax covered cheese
63. July 31st to August 1st, 2015: __ Highland Games
66. Canadian sweets shop, __ Secord
67. Mr. Somerhalder
68. Accepted practice
69. Venerated villager
70. Nav. designation
71. Attach a patch: 2 wds.
72. Analyze

DOWN
1. Envelope part
2. Wedding gown trim
3. Aware of, as a surprise: 2 wds.
4. C.S. Lewis fantasy land
5. __ and tonic
6. _ _ _ piping
7. Angelic abodes
8. "...there __ __ square."
9. Cape Island link
10. 'Musket' suffix
11. Shakespeare's __ (Playhouse for The Bard's works)
12. Scrooge
13. Petulant
19. Two-seated bicycle
24. Shake up
25. Ms. Yothers of "Family Ties"
26. Common __ (Birds on Canadian dollar coins)
28. Alleviate
29. Traveler's documentation
30. Snake sorts
31. Be overly sweet
35. Actress Samantha of 1967 movie musical "Doctor Dolittle"
37. Gladiator's 2150
38. The Food Network creation
39. Coastal bird, variantly
41. Cause
43. Sumptuous
46. Trade blockade
49. Courteous word
51. Epitomes
52. Stray calf [var. sp.]
53. Edgar Poe link
54. Demeanors
58. Attraction
60. Lemons/turkeys
61. Region
62. Peter, Paul & __
64. Paul Simon song line: "Hop on the bus, __..."
65. Hankering
66. Pastureland

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Be careful how you react to criticism today. If you let your enemies see that your feelings are hurt they will go out of their way to hurt you further. Pretend that you are not the slightest bit bothered.

Taurus April 21 - May 21
You find it hard to be modest, but today you would be wise not to draw attention to your superiority because there is something you have missed that could make you look very silly.

Gemini May 22 - June 21
The best way to get over your negative mood is to throw yourself into an activity that you enjoy. It doesn't have to be important, just something that takes your mind off your worries.

Cancer June 22 - July 23
You want to speak your mind today, but be warned: you could be the one who is the topic of conversation if you stray from the facts. What others say won't be pleasant.

Leo July 24 - Aug. 23
This is not a good time to say or do anything that might meet the disapproval of people in power. Yes, there are facts that need to be looked at but don't make a big deal of it.

Virgo Aug. 24 - Sept. 23
If you tread on someone's toes today the consequences could be painful for both of you! Minor differences could escalate quite rapidly into major disputes, so steer clear of people who offend easily.

Libra Sept. 24 - Oct. 23
The most important thing now is that you act as if you care, even if you don't. Others are counting on you to raise their spirits and if you are as nice a person as they say you are you will tell them what they need to hear.

Scorpio Oct. 24 - Nov. 22
You are never afraid to be controversial but today there is a danger that you will go too far and make an enemy of someone powerful. You may be brave, but ask yourself: is it worth the hassle?

Sagittarius Nov. 23 - Dec. 21
Don't neglect the needs of those you love in your haste to make a name for yourself on the work front. You could all too easily turn people against you.

Capricorn Dec. 22 - Jan. 20
If you help someone today they will repay the favour later, when you are the one in need. In a nutshell: be kind to others and they will more likely be kind to you.

Aquarius Jan. 21 - Feb. 19
The time has come to end some kind of partnership. It won't be easy but you know it must be done. In the long-term it will be good for you both.

Pisces Feb. 20 - March 20
You must be honest with yourself about what you want and what you have to do to get it. And if you come to the conclusion that the price is too high then lower your sights and aim for something less demanding.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			1	3			7	
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8		1						
2		9				5		4
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